



Ernestown Secondary School

Principal's Message

Mar/Apr, 2024



Hello Eagle Families!

Spring is such an amazing time at Ernestown! With so many exciting projects and activities happening, the energy and sense of optimism within the school has never felt higher! Throughout the pages of this newsletter, you will find numerous examples of students and staff giving of themselves to make our school and community better.

Whether it's playing a spring sport, participating in Game Show Fridays, celebrating the grand opening of our *Eagle Energy* smoothie bar, spending time in our new courtyard pergola, performing in the school play, or competing in the first-ever ESS Archery Tournament, it's clear that Ernestown is a place where core memories are being made. The rich tapestry woven by these collective experiences is at the heart of our shared sense of community and offer students the opportunity to discover new strengths and talents.

Just as success is a great teacher, so, too, is struggle, and I have found myself equally grateful these past few months for witnessing students grow through challenging moments, as well. Be it the stress of a mid-term exam or the struggle to navigate peer relationships, I have seen, first-hand, how well the 'small school with a big heart' can draw on its core strengths to provide students with remarkable wrap-around care. For all of these reasons and more, Ernestown continues to be a place of unwavering support and service. I am so blessed to be part of this community and am grateful to you for allowing us to share in and shape the stories of your children. We look forward to the final weeks of the year!

Warm regards,

Shannon



Upcoming Events

APRIL 17

- OSSLT

APRIL 22 - MAY 3

- SCHOOL CLIMATE SURVEY

MAY 3

- MIDTERM REPORT CARDS DISTRIBUTED IN PD. 1
- SEMESTER 2 EXAM SCHEDULE POSTED

MAY 7

- RHYME W/O A REASON DAY

MAY 10

- GRAD BREAKFAST

MAY 15

- PAJAMA DAY

MAY 20

- VICTORIA DAY

MAY 23

- CANADIAN BLOOD SERVICES HIGH SCHOOL CHALLENGE

MAY 24

- Y2K DAY
- SCHOOL MUSICAL: *THE WIZARD OF OD-ESSA*

MAY 25

- SCHOOL MUSICAL: *THE WIZARD OF OD-ESSA*

MAY 28

- SOCKS, CROCS, & BIRKENSTOCKS DAY

MAY 31

- PA DAY

Springing into Action!

A huge thanks to students from our BCIP Program who built a new pergola in our school courtyard last week! The crew fought poor weather and a tight timeline to create this new, amazing gathering space for ESS students. Thank you, to Mr. Fisher and Teacher Candidate, Andrew Doyle for their support with this project. Great things are built at ESS!



Game Show Shenanigans!



The lunchtime fun continued at Ernstown in April with Student Council hosting *Game Show Fridays* in the caf. *Family Feud* and *Five-Second Rule* were among the favourites! The competitions were fast, fierce, and always fun!



NASP Archery Tournament !

On Thursday, March 28th, Ernestown was proud to host the 2024 NASP Archery Tournament. The skill and talent of ESS students shone through on this day, with James Dubbelman placing 2nd in his category! A huge thank you to Mr. Kress for all of his hard work on this day and for creating the archery program at ESS!





Andrew Papanicolaou



At a Glance...

Role: Auto Teacher
Time at ESS: 18 years
Favourite Band/Singer:
Matthew Good

What is your favourite memory at Ernestown?

Making it to KASSAA finals and EOSSAA with the Senior Boys Soccer Team.

Are you currently working on any exciting projects?

We are always working on interesting projects in the ESS Auto Shop. From ground up restorations to engine building or working on ATVs and snow machines.

What is at the top of your bucket list?

Take my kids to a Word Cup Final Match!

Our Staff Make All The Difference!



Michelle Kehoe



What is your favourite memory at Ernestown?

Competing at EOSSAA Girls Soccer and hanging out with the girls. Also, the time Mr. Wilson made a mammoth guacamole for the staff and, of course, dressing up for costume days with Ms. Cond Flower!

Are you currently working on any exciting projects?

I am working on costumes for the upcoming musical, *The Wizard of Od-essa*, with a great group of students!

What is at the top of your bucket list?

Visit a panda sanctuary in China and maybe get to hold a baby panda.

At a Glance...

Role: English Teacher
Time at ESS: 22 years
Favourite Band/Singer:
Glorious Sons (I taught Brett!)



E-TOWN SPORTS

This spring our eagles have been busy! The badminton team just wrapped up their season competing at the Junior and Senior KASSAA Tournaments. Our Soccer teams are through their seasons, with baseball, Track & Field and ultimate frisbee at the start of their competitive seasons!

Eagle in Profile



LANDON MIDDLETON

Landon is a grade 9 student who has jumped into Ernestown Athletics with both feet! Landon has been a part of our junior boys volleyball & basketball teams, he competed at OFSAA for wrestling this winter and is currently playing soccer and competing in track & field! Landon has been a hard working and positive member of each program! Congratulations Landon!



CELEBRATION OF ERNESTOWN ATHLETICS: JUNE 11TH AT 5:30PM!



Stay in the loop...



<https://twitter.com/ESSRecLead>



<https://www.youtube.com/@ernestownathletics3201>



UP NEXT



A view from the classroom



This month, we visit Ms. Williams' Grade 10 foods class where they are learning about nutrition and how to cultivate lifelong healthy eating habits. To apply their learning, students made over 30 smoothies for the grand opening of the *Eagle Energy Smoothie Bar*!

It was no surprise that we sold out in minutes! Thank you, to Ms. Sousa-Dias, Ms. Williams, and Wendy for helping with the smoothie bar opening!



Equity and Diversity Matters

Dates of Significance

MARCH

- World Teen Mental Wellness Day (2)
- International Women's Day (8)
- First Day of Ramadan (10)
- International Day to Combat Islamophobia (15)
- Neurodiversity Week (17-22)
- International Day for the Elimination of Racial Discrimination (21)
- World Water Day (2)
- Purim (23)
- Holi (25)
- Good Friday (29)
- Easter Sunday (31)
- International Transgender Day of Visibility (31)

APRIL

- Sikh Heritage Month
- Autism Acceptance Month
- World Autism Awareness Day (2)
- International Asexuality Day (6)
- World Health Day (7)
- Last Day of Ramadan (9)
- Eid Al-Fitr (10)
- International Day of Pink (10)
- National Volunteer Week (14-20)
- Earth Day (22)
- Passover Begins (22)

The graphic is a circular collage with a rainbow border. At the top left is the LDSP logo. In the center, the word 'VISIBLE' is written in large, colorful letters. Below it, text reads 'JOURNÉE ROSE 2021 DAY OF PINK'. To the right, there's an illustration of a pizza, popcorn, and a drink with the text 'LUNCH AND SNACKS PROVIDED'. On the left, a photo shows a group of people, with text 'Meet Monica Helms, The Brunswick Four and Aja'. Below that, a QR code is labeled 'SCAN TO REGISTER'. At the bottom, a movie poster for 'JAN' is shown with the text 'Feature Film' and 'March 28th 9:00 am - 1:45 pm Screening Room 120 Princess Street'.

On March 28th, a group of ESS students attended the *Visibility Anniversaries Tour* at The Screening Room in Kingston. The event celebrated visibility in all its forms - being seen, acknowledged, respected, and listened to, while also standing tall and embracing our true selves.



Equity and Diversity Matters

On March 5th, 2024 students from across the Limestone DSB came together for the first-ever Racialized and Indigenous Youth Student Career Fair, organized by Ernestown student and incoming LDSB Rural Student Trustee, Ayesha Bukhari. This event allowed Limestone students to learn about various career pathways and post-secondary options from professionals and experts in the field with similar lived experiences.



News from Student Services

REPORT CARDS

Mid-term marks for semester two have been entered. Report cards were sent home on May 3rd.

Timetables are being created and we hope to have them finalized and handed out by mid-June.



YEAR END WRAP UP



May & June are busy months for students:

- summatives
- culminating assignments
- exams

Pro Tip: STAY ORGANIZED! Help is available in Student Services

**GRADUATES: DON'T FORGET!
COMMUNITY SERVICE HOURS, GRAD WRITE UP FOR YEARBOOK, VALEDICTORIAN VOTE, GRAD BREAKFAST**

GRADUATION IS APPROACHING!

Save the Date:
Thursday, June 27th, 2024
3pm in the Gym

Reception to follow in the cafeteria

2024

GRAD AWARDS!

Potential graduates are encouraged to regularly check the Grad Google Classroom to find updated information about awards, scholarships and bursaries available.

OUAC and OCAS applicants please check your Academic Records. Semester 2 midterm marks have been uploaded.



Community Events

PROBLEM GAMING Parent Group

Grades Slipping? Concerns about your child's
screen time or social skills?

Join us to learn more

June 10th 6-8 pm | 552 Princess Street, Kingston

June 14th 2-4 pm | 70 Dundas St. E, Napanee



Education on Gaming & Microtransactions
Healthy vs. Unhealthy Gaming
Tips for conversations + setting rules

Ask questions and connect with staff
trained to provide support with
gaming concerns

Questions? Contact us:
613-544-1356 or
info@amhs-kfla.ca



Visit our website for info on
groups and events
www.amhs-kfla.ca

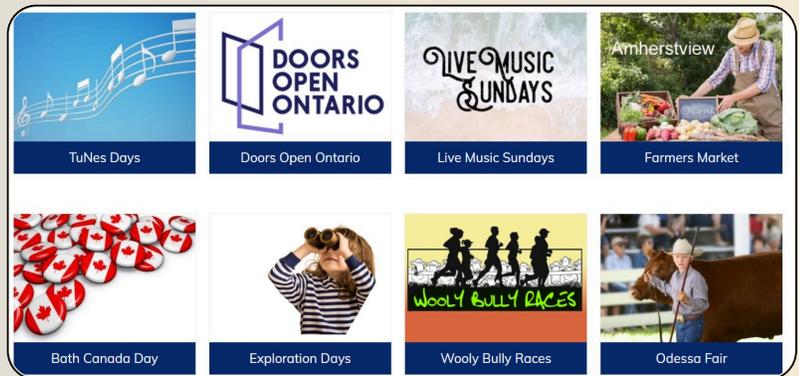
Dental care not in your budget? We may be able to help.

Dental Hygiene Clinics

Free services for children
17 years of age and under:

- Teeth cleaning
- Sealants
- Fluoride varnish
- Tips on brushing and flossing

To book an appointment, call KFL&A Public Health
at 613-549-1232 or 1-800-267-7975, ext. 1218.



Check out all the amazing events happening in Loyalist Township
at <https://www.loyalist.ca/en/explore-and-play/events.aspx>

June Exams

It's that time of year again! The June examination schedule is on our school website and can be accessed using the link below. Good luck, Eagles! You got this!

[ESS 2023-2024 Semester 2 Examination Schedule](#)





ERNESTOWN EAGLES

Think you know Ernestown?

*Snap the QR code or click
the picture below to see our
newest School Profile!*



ERNESTOWN SECONDARY SCHOOL



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