



Ernestown Secondary School

Principal's Message

Sept/Oct, 2023

Welcome Back Eagles!!

While it seems like a long way off now, I hope that each of our Ernestown Eagle families had an enjoyable summer. It was a great time to rest and rejuvenate for our administration team and our staff, who have come back refreshed and invigorated. What a start up we have had! Our Ernestown Eagles have demonstrated their enthusiasm to be back at school in a variety of ways; participating in Grade 9 Day, in our Game Day Fridays and, of course, in celebrating each other's birthdays!



Our sports teams are in full swing with teams competing in Varsity Football, Girls Basketball, Boys Volleyball, Field Hockey, Cross Country and Golf. Our Ernestown football team was so fortunate to have received the support of the local CUPE to purchase new equipment. This school is privileged to have the commitment of many staff and volunteer coaches who allow our students the opportunity to learn the value of playing on a team and being part of a community.

As always, we encourage our Eagles to look for opportunities to invest in and serve their school, as well as the community beyond. We had our first Community Connections Carousel this past month and our IMPACT class is working closely with Loyalist Township to create opportunities for all our Eagles to connect with the broader community.

It is such a blessing to work with this school community of learners and 'doers'. Thank you for entrusting us to care for and educate your children each day. I am looking forward to an exciting year of growth and learning ahead. There is so much more in store!

With thanks, *Shannon*



Upcoming Events

OCTOBER 27

- PA DAY

NOVEMBER 3

- ACADEMIC AWARDS

NOVEMBER 5

- AMHERSTVIEW SANTA CLAUS PARADE (SIGN-UP IN MAIN OFFICE)

NOVEMBER 8

- INDIGENOUS VETERANS DAY
- SCHOOL COUNCIL 6:30 PM

NOVEMBER 9

- CAREERS/CIVICS TRANSITION
- REMEMBRANCE DAY ASSEMBLY

NOVEMBER 10

- PA DAY

NOVEMBER 13

- PICTURE RE-TAKE DAY

NOVEMBER 24

- MID-TERM REPORT CARDS DISTRIBUTED TO STUDENTS
- SEMESTER 1 FINAL EXAM/ CULMINATING ACTIVITY SCHEDULE DISTRIBUTED TO STUDENTS AND POSTED ON WEBSITE.

NOVEMBER 29

- THEATRE TRIP

HAPPY BIRTHDAY!



At Ernestown, we celebrate every student's birthday with a cupcake and a song from their classmates! Happy Birthday to Carter, Jack, & Parker (and so many more)!

Congratulations SOAR Award Winners



Students who exemplify our school motto of Self-Discipline, Optimism, Action, or Respect are nominated to receive a SOAR award. We are so proud to see Eagles **SOAR**ing! In September, Liam Murray and Mason Sproule were our SOAR recipients!

Welcome Mr. Ward!



Ms. Tyner and Mr. Wilson have been joined by Vice-Principal Steve Ward, who arrived at ESS last June. A graduate of Amherst Island Public School, Napanee District Secondary School and Queen's University, Mr. Ward is happy to "come home" by joining the ESS school community.

This is Mr. Ward's 28th year in education; he has been a Vice-Principal at four secondary schools, served for four years as Summer Session Principal and was the K-12 Vice-Principal of Special Education for Limestone DSB for five years. At the beginning of COVID, Mr. Ward became Lead Administrator of the new Secondary Virtual School where he oversaw and facilitated the school's development and operations during the pandemic. Most recently, Mr. Ward was Vice-Principal of Continuing and Alternative Education which included the Katarokwi Learning Centre, e-Learning, Secondary Virtual School, Adult ESL, Re-Engagement and other specialized district programs. He also instructs Additional Qualification courses for teachers with Continuing Teacher Education at Queen's University.



As you can see from the accompanying picture from his office, Mr. Ward is a huge Star Trek fan. He is also very interested in social justice issues. Mr. Ward believes that service should be a core focus in one's life and that we can embrace diversity by doing our part to help build an equitable and inclusive society for all.



Lunch Hour Games!

Special thanks to Ms. Tilley's IMPACT class for taking the lead on Games Day during Friday lunches. Warm up those paddles, Eagles - there will be a Table Tennis Tournament happening soon!



Community Connections Carousel



At our first-ever Community Connections Carousel event, students in Grades 10-12 met with a number of local organizations to learn about employment and volunteer opportunities in L&A, health and wellness tips for youth, and participation in clubs, sports and SHSM programming at Ernestown. Among those in attendance were Loyalist Township, KFLA Public Health, Canadian Blood Services, and the ESS Student Services team.

WELCOME

...to the Ernestown Family!

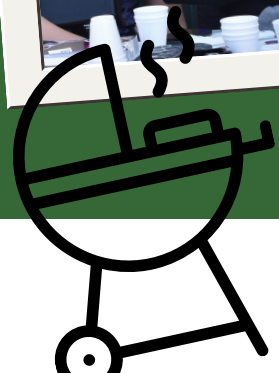
Thanks to the generosity of our many school partners, we were fortunate enough this year to welcome new Ernestown families in a truly special way. Families new to Loyalist Township were treated to an amazing welcome basket full of treats, artisan crafts, and gift certificates from local businesses in L&A County! When you join the Ernestown family, you become part of the larger community; thank you to the following businesses and organizations for proving just how true this really is!



Foodland Amherstview, A Girl and her Puppy Pottery Studio, Jiffy Grill Restaurant, Papa's Pizza, Lakeside Studio Gallery, Anderwood Studio, Loyalist Township, The Giddy Goat Cafe, Odessa Home Hardware, Books on Main, Beachside BBQ, Changes Hair & Esthetics Salon, The Lodge Coffee House, McKinnon Brothers, Lennox & Addington County, Maplescapes Farm Odessa, Amherstview Family Dental



GRADE 9



Grade 9 Day was another huge success at Ernestown with our IMPACT class leading all the games for our newest Eagles!

Leadership Camp, 2023

Leadership Camp

This October, our student leaders adventured to Elbow Lake Environmental Centre for a three day retreat. Amidst the breathtaking backdrop of autumn foliage and nature trails, our students built community, delved into environmental awareness, and honed their leadership skills. During this retreat, we made significant headway on exciting projects that promise to enhance our school climate. Brace yourselves, ESS, these visionary leaders are poised to create ripples of positive change!



ESS Jr. Eagles Soccer Invitational

Last week, six teams from Bath PS, Amherstview PS, and Odessa PS participated in the first ever ESS Junior Eagles Soccer Tournament, which was organized and run by Ernestown SS students. Students enjoyed great weather, some time in a high school setting, and a round robin and finals.

A special congratulations to Bayern Odessa from OPS for taking home team hardware. Thank you, to the student referees and Ms. Tilley's IMPACT class for helping organize the day. We can't wait to see these future Eagles shine!



A view from the classroom:



This month, we are visiting Ms. Tilley's newly-created **IMPACT** class who have had a very busy and rewarding start at ESS! The curriculum has explored leadership styles, theories, and skill development which students have applied to a range of fun projects. IMPACT students have helped lead and organize a wide range of activities including the first-ever ESS Rap Battle, Grade 9 Orientation Day, Leadership Camp, a Gr. 7/8 soccer tournament, a new student lunch event, Local Government Day for Gr. 5 students, as well as visiting intermediate students from Odessa P.S.! Make no mistake about it: This class is on 🔥🔥🔥!!

Equity and Diversity Matters at ESS

Orange Shirt Day and the National Day for Truth and Reconciliation occurs annually on September 30th. On this day, everyone is encouraged to engage in meaningful discussions to learn more about the past and present impacts of residential schools. Ms. Kehoe's NBE3U class prepared a presentation with learning activities for Period 1 classes; a few of the slides are included here.

Truth and Reconciliation Day

September 29, 2023



One action we can take is to listen:

As a class, follow the link and choose a residential school survivor and listen to their testimonial.

Use this video as a springboard for discussion in your class.

Then write the name of the survivor on one of your orange flags.

Stories - Legacy of Hope Foundation

The *Survivor's Flag* is hanging in our school's foyer, and is an expression of remembrance. It is meant to honour residential school survivors and the many lives and communities impacted by the schools. Each element depicted on the flag was carefully selected by survivors from across Canada. Also pictured in the school's foyer is the *Every Child Matters* Flag. It is an expression of the belief that all children are important; this includes the children left behind at residential schools as well as those who survived but are still healing from the trauma they endured.

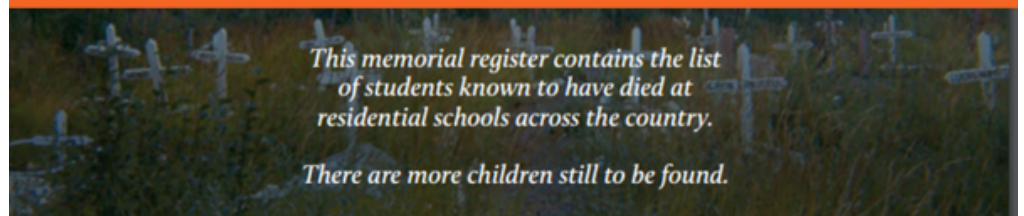


One action we can take is to learn more:

Use this website to learn more about the children who never made it home.

On your other flag, write the name of a child who never made it home. Then research the residential school they attended. What questions do you have? Seek answers.

<https://nctr.ca/memorial/>



Students in a variety of classes engaged in a number of activities using the *Indigenous Peoples Atlas of Canada* in September. This giant map shows the locations of Indigenous communities, residential schools, reservations and more. Rather than using political borders, the map presents Canada broken up into Indigenous language groups.



Sept/Oct Dates of Significance

SEPTEMBER

- Rosh Hashanah
- Yom Kippur
- Sukkot
- Sri Krishna Janmashtami
- Ganesh Chaturthi
- Fetal Alcohol Awareness Day
- Franco Ontario Day
- International Day of Sign Languages
- World Suicide Prevention Day
- Eid Milad un-Nabi
- International Week of the Deaf
- World Alzheimer's Month
- National Day For Truth and Reconciliation
- Orange Shirt Day



The *Tour for Humanity* bus visited ESS on October 17th. History and Geography classes learned about the horrors of the Holocaust and issues of racism, diversity, democracy and human rights. The mobile classroom is intended to inspire participants to raise their voices and take action against racism, hate, injustice and intolerance to help build a more equitable society.

In October, ESS recognized *Islamic History Month*, in part, through daily announcements centered around the theme of *Celebrating Muslim Women in the Arts & Sciences*.



The announcements honoured the historical contributions of Muslim Women and their impact on the Arts, Sciences, and Society. Thank you, also, to Gr. 11 student Ayesha B., for creating slides we displayed on the school's entrance TV.

SHIRIN EBADI



An Iranian lawyer, Ebadi has fought for democracy, women's rights and has defended many political dissidents in her native Iran. She was awarded the Nobel Peace prize in 2003 for her contribution and courage to defending human rights.

MALALA YOUSAFZAI



Was just a Pakistani schoolgirl who defied threats of the Taliban to campaign for the right to education. She survived being shot in the head by the Taliban and has become a global advocate for human rights, women's rights and the right to education. She has sought to emphasize the peaceful nature of Islam and the respect Islam has for education.

OCTOBER

- Learning Disabilities & ADHD Awareness Month
- Dyslexia Awareness Month
- World Cerebral Palsy Day
- National Day of Action for Missing & Murdered Indigenous Women & Girls
- Shemini Atzeret
- Birth of the Báb
- International LGBTQ2SIA+ History Month
- Islamic History Month
- Hispanic Latin-American Heritage Month
- Somali Heritage Month
- Women's History Month
- World Mental Health Day



HUMAN RIGHTS ARE FOR EVERYONE: VIDEO, POSTER AND HUMAN RIGHTS REPORTING TOOL

We are all born free & equal

The Limestone District School Board is committed to creating an equitable, inclusive, and accessible school and work climate that upholds the Ontario Human Rights Code.

Everyone is entitled to these rights

The Code recognizes that all people:

- Have human rights that cannot be infringed upon or dismissed.
- Have individual dignity and worth.
- Are entitled to equal rights and opportunities without discrimination.

You have the responsibility to respect the rights of others

You have duties towards the community within which your personality can fully develop. The law should guarantee human rights. It should allow everyone to respect others and to be respected.

Everyone has the right to live in freedom & safety

The Human Rights Code prohibits discrimination on the following grounds:

- Age
- Ancestry, colour, race
- Citizenship
- Creed
- Disability | Perceived disability
- Discrimination because of association
- Ethnic origin
- Family status | Marital status (incl. single status)
- Gender identity and gender expression
- Place of origin
- Reprisal
- Sex
- Sexual orientation

Your human rights are legally protected

The Ontario Human Rights Code is the human rights law in Ontario. You are legally protected from discrimination based on any of these grounds and have a right to an environment free from discrimination.

No one can take away any of your rights

Submit a human rights incident or complaint by using the **Student Human Rights Incidents and Complaints** form or by talking to your teacher, principal, vice-principal, or any LDSB employee.

Everyone is welcome at Ernestown Secondary School. As part of our ongoing work to ensure a safe, inclusive and equitable learning environment at ESS, staff and students recently viewed an LDSB-produced video focusing on Human Rights. The poster to the left has also been placed in classrooms and hallways.

Students can submit a *Human Rights Incident and Complaint Form* online when an incident involves Limestone student(s) or employee(s) for any of the following: hate activities, bullying (verbal, social, physical, cyber/online), and/or discrimination. The complaint form and additional information can be located on the LDSB website or simply scan the QR code to your left.

Ernestown Secondary School

Mental Health Support Self-Referral

If you want to talk to **Doug van der Horden** (the Adolescent Care Worker) or **Anita Peter** (the Social Worker) scan this QR code and fill out the confidential form

This is not a crisis service. If you need help right away call Kids Help Phone at 1-800-668-6868 or text CONNECT to 686868 or call 911 or go to your nearest emergency room.

Limestone DISTRICT SCHOOL BOARD

A universal mental health support "quick link" was created on every secondary school website during the 2020-2021 school year. This link allows students equitable and timely access to the school-based mental health and well-being supports they require. When a student clicks on the quick link, it takes them to an electronic self-referral form. Once complete, these electronic referrals are submitted directly to the school Adolescent Care Worker & Social Worker.



News from Student Services



Welcome BACK!

September and October are busy months in Student Services! Timetable changes, college and university applications and new registrations make this an exciting time of year!

picture Re-Takes!

November 13th

Listen to the announcements and watch for posters for more details!

College and University visits are ongoing. Please sign up in Student Services!

Ernestown Eagles

GET INVOLVED!

CLUBS: Chess Dragons and Dragons E-Sports/ Video Games Garden Club Archery	SPORTS: Cross Country Football Golf Field Hockey Boys Volleyball Girls Basketball Boys Basketball Girls Volleyball Badminton Wrestling Girls Hockey Boys Hockey Girls Soccer Girls Rugby Boys Soccer Ultimate Frisbee Boys Baseball Girls Softball
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GROUPS: MOSAIC COLOURS STUDENT COUNCIL YEARBOOK
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*"Life isn't about finding yourself
Life is about creating yourself"
- George Bernard Shaw*

If you have ideas for a new group or club, please let Mr. Wilson or Ms. Stinson know. We will connect you with a staff member willing to supervise.



**Coming Up!
Academic Awards:
Nov. 3rd**

Ernestown S.S.

**POST - SECONDARY
INFORMATION**

SKILLED TRADES 	COLLEGE 	UNIVERSITY
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IMPORTANT DATES:

OUAC opens Oct. 1/23
 OCAS Opens Oct. 1/23
 OUAC Closes Jan. 15/24
 OCAS Closes Feb. 1/24

GRADUATION REQUIREMENTS:

- 30 CREDITS
- 40 COMMUNITY SERVICE HOURS
- LITERACY COMPONENT

COLLEGE REQUIREMENTS:
 GRADE 12 COLLEGE ENGLISH
 GRADE 11 OR 12 COLLEGE MATH

UNIVERSITY REQUIREMENTS:
 GRADE 12 UNIVERSITY ENGLISH
 FIVE ADDITIONAL U OR M CREDITS

OSAP AND OTHER BURSARY OPTIONS

Grad Google Classroom

Questions?
 stinsoner@limestone.on.ca
 kkusters@limestone.on.ca

Skilled Trades Ontario
 Métiers spécialisés Ontario

OUAC OCAS

GOT 40 HOURS?

Original rules regarding community services hours are back in place! Check in Student Services to make sure your hours will count!



E-TOWN SPORTS

FALL SPORTS ARE
UNDERWAY!!
OUR EAGLES ARE
PARTICIPATING IN
BASKETBALL, CROSS
COUNTRY, FIELD HOCKEY,
FOOTBALL, GOLF AND
VOLLEYBALL!



Eagle in Profile



JOHNNY PEIRSON

Johnny is a grade 12 student, who has jumped into Ernestown Athletics with both feet! He is a captain on the football team and is a member of the Senior Boys Cross Country team this fall. Johnny has shown leadership and skill in both sports, as well as both on and off the field. Congratulations, Johnny!



Stay in the loop...



<https://twitter.com/ESSRecLead>



<https://www.youtube.com/@ernestownathletics3201>



UP NEXT...

WINTER SPORTS START
IN NOVEMBER!



ESS FOOTBALL



Attention Grade 9s!

There will be a
FUNDamentals Clinic for
any grade 9 students
interested in playing
football next year on
Thursday, Nov. 2nd from
2:45-4:15.

All genders and experience-
levels welcome!



Thank you, so much, to CUPE 2150, for their generous
donation for \$1000 to our Football program!





ERNESTOWN EAGLES

Think you know Ernestown?

*Snap the QR code or click
the picture below to see our
newest School Profile!*



ERNESTOWN SECONDARY SCHOOL



50 Main St, Odessa, Ontario, Canada K0H 2H0
www.ernestownss.limestone.on.ca